



**Mission:** Find and help groom a wingman

**Mission Authoring Coach:** Bravo

**Mission Goal:**

Teaching these skills to others helps you understand them on a deeper level. A wing can also help you with areas of your game you may not even know you need to work on. Improve your game by getting a wing, as well as have more fun!

**Description:**

When many of us start to wrap our mind around the social arts, we feel the need to tell all of our friends about it. Most of the time all this accomplishes is pushing them away from you, or getting them to think "you changed." So don't. In this mission I will cover some of the best ways to find a wing.

**Starting fresh:**

A fresh start may be for the best. Look on the Stylelife ELITE forum <http://www.stylelife.com/eliteforums> to view Stylelife students who are serious about improving their life. Our free public also can help. Search the FIND A WING section for guys in your area. Post on their thread, search their posts, send some PMs, swap numbers, and see if they are someone you could hang with. Meet up somewhere for a beer and chat, if they seem cool make plans to sarge. By starting out with someone new, you don't have to worry about what is in your AFC past. You are less insecure because this isn't someone who will blab to your friends anything that happens, they are also on the say journey as you. The best part, which I understood later, was you are less likely to pull punches. When you are debriefing with a new guy you can be more open and honest, you aren't worried as much about hurting their feelings. Another goal is to increase your social circle, finding a wingman on the forum does just that.

**Current friends:**

This is a hard one. I personally know very few people who have pulled this off. Gypsy and I lost two friends attempting this; we were all that was left so stuck it out.

If you watched the video on this blog post, that is an exaggerated version of what usually happens. One guy stumbles upon this and tries to convince his friends to try it out as well. Problem is that most of them are happy where they are at in life, actually more clearly, they are not as frustrated with their life as you and do not want to work on improving it. Like trying to convince an alcoholic to go to rehab, they aren't going to do it unless they WANT to do it. Usually what happens in this situation is they either think you are dumb for even buying into this, or they half ass it for a little bit, quit, then turn on you. Lastly, nothing is worse than a fat person giving out diet tips. How are you going to sell them on this when you cannot demonstrate the validity of it?



There are two ways people decide to change their lives, either they hit rock bottom and decide to improve their life on their own, like me. Or they see someone else experience a transformation and want what they did for themselves. So the more effective way to change an existing friend into a wingman is to lead by example. Start this path on your own. When you get a makeover, new clothes, and start caring about the way you look your friends will notice. When you are out with them and they see you cold approach, get phone numbers, go home with girls, or hell even if you strike out, they will wonder where the new balls of steel came from. After they begin to ask what is going on in your life that is allowing you to undergo such a transformation, only then do you tell them to check out Stylelife or loan them The Game. Don't push them, think about how many times people have told you to read a book and you ran right out and did? Each time they see you in action it will impress them and they will want to learn what you are doing. It is then their choice to swallow the red pill.

Another sad fact is you must be prepared to lose some of your current friends. You improving your life will just remind them how they settled with theirs. Some may even turn against you and start shit talking you or what you are learning. Better to find out now if they are a true friend and will have your back, or ditch you when something bothers them.

### **Your mission:**

Look for a wing on the forums. Mention to a friend that he should read this really cool book that piqued your interest about women. Let your current friends see a demo of what you have learned and when they ask you what changed slowly show them the light. Whichever way you find a wing, start going out with them. Learn and utilize proper wingman tactics. After a night out help each other improve by debriefing. In your debrief, constructively discuss what was done well and what needs to be worked on. Make a plan on how next time you go out you will both work on improving on any sticking points.

### **Reason to test:**

Just like going to the gym and having a work out partner, a wing will help you in the moments of doubt. They will give you that push when you need it, also they will help you in ways you can't on your own.

### **Follow up:**

Tips on finding a wing, share your story, or get help. Go to [www.PickUpLabs.com](http://www.PickUpLabs.com) in the comments of this blog and share with others!